



# Make a Cube

Create a Power-Point presentation of each food group. Include what you can have, how much a day, etc.

1. Print this page.
2. Cut along the edges and then decorate.
3. Fold along the inside lines and form a cube. Glue the flaps into place.

Gluing flap

Gluing flap

Plan an entire day's meals including the appropriate amounts from each group and prepare a schedule. (Word)

Directions:  
Select one activity to review the Food Pyramid.

Create a food guide pyramid using Kidspiration.

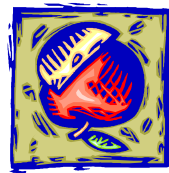
Gluing flap

Gluing flap

Select a food group & create a flyer convincing others to eat more foods from your group. (Publisher)

Gluing flap

Gluing flap



Science:  
Food Pyramid

Gluing flap

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